

1ST ERADA INTERNATIONAL

ADDICTION

CONFERENCE - DUBAI 2018

Conference website www.eia-conference.com

ADDICTION: A BRAIN & SOCIAL DISEASE

2ND-3RD MARCH 2018

JUMEIRAH EMIRATES TOWERS
DUBAI, UAE

ORGANIZED BY



IN ASSOCIATION WITH



GOLD SPONSOR



ENDORSED BY



CONFERENCE SPONSORS



CONFERENCE SUPPORTERS



MIDDLE EAST
PSYCHOLOGICAL ASSOCIATION

www.eradacenter.com | www.erada.ae

PCO
Professional Conference
Organiser



Please visit www.focus-gulf.com or contact Mr. Gerard Moore
gerard@focus-gulf.com or +971 (0)50 956 4276

ABOUT EIA CONFERENCE



Dr. Abdulqader Alkhayat

From Erada Center's Chairman

Erada Center for Treatment & Rehab is pleased to announce 1st Erada International Addiction Conference (EIA), in Dubai, to be held in the hub that connects the world, the city of Dubai. It is our pleasure to invite all that are interested and are seeking to know more about the disease of addiction. We believe that addiction is not only an individual and a family disease but also a society disease that affects our economy, security and our interconnected world. Thus, we aim to:

- Bridge the gap between addiction problem and the treatment methodologies worldwide
- Offer a platform for discussion and innovation of ways to provide state of the art addiction treatments
- Provide methods and tools to enable society to deal with addiction patients
- Help the Gulf region understand more about the disease of addiction

For all of those individuals and families seeking help our message is that you are not alone, we are here to help and find out more about this disease and sophisticated ways of treatment presented by experts in this field and supported by scientific studies. EIA Conference takes its first step this year to present topics including: The Social Neuroscience of Addiction & Recovery, Addiction as a Brain Disease with Social Consequences, Reconsidering Addiction Treatment: Bridging the Gap between Research & Practice, Neurofeedback workshop & Eye Movement Desensitization and Reprocessing (EMDR) workshop.

Dr. Abdulqader Alkhayat
Chairman of Erada Center for Treatment & Rehab

WELCOME LETTER



Prof. Hamdy Mosehly

Dear Colleagues,

On behalf of the conference committee and Erada Center for Treatment and Rehabilitation, we would like to extend our warmest welcome to you at the 1st Erada International Addiction Conference held from 2-3rd March 2017 at Jumeirah Emirates Towers, Dubai, UAE.

It is our great privilege and honour to host the 2017 Congress in partnership with Caron International Clinics (USA), we hope that the congress will demonstrate the UAE as leading pioneer in the region for expertise in Addiction. Erada has been actively involved in many areas of development of alcohol and substance abuse disorders in the UAE along with contributing towards improving teaching, training and capacity building in mental health.

Our vision is to create a world-leading conference to use as an important platform for meeting, discussing and sharing thoughts for future collaboration in many areas of addiction and its role in mental health and wider-society. We are pleased that 2018 Congress will address all these issues and we hope your participation in the scientific programme will add value to our efforts for strengthening our mission to promote addiction in our region.

Prof Hamdy Mosehly
Medical Director & Conference Chairman

WORKSHOP INVITATION

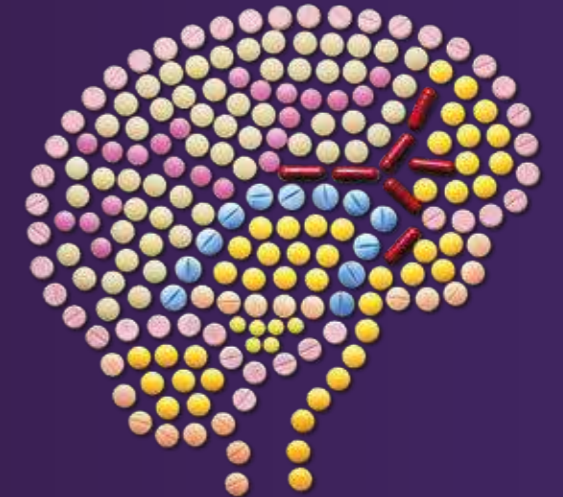
1ST ERADA INTERNATIONAL
ADDICTION
CONFERENCE - DUBAI 2018

INTERACTIVE WORKSHOP SESSION

Neurofeedback as an adjunct therapy
in addiction treatment

Dr Jonathon Harris, Caron Institute, USA

10:00-11.30am 3rd March 2018
Ballroom - Jumeirah Emirates Towers



For more details please visit our website www.eia-conference.com or contact event manager, Gerard Moore on Gerard@focus-gulf.com or +971 (5)0 956 4276

WORKSHOP INVITATION

LIMITED CAPACITY: PLEASE REGISTER FOR WORKSHOPS AT REGISTRATION DESK

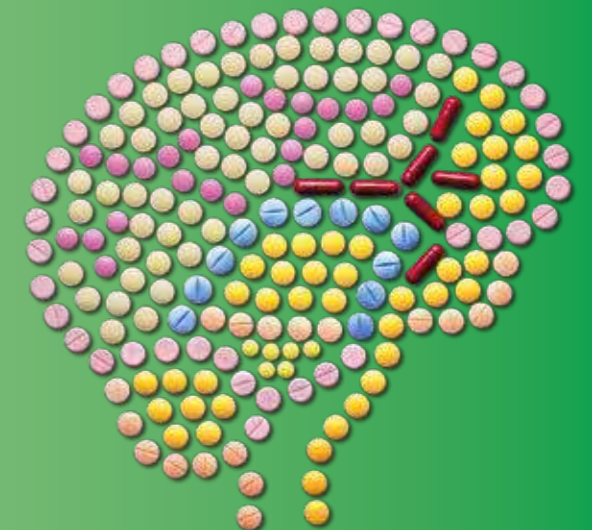
1ST ERADA INTERNATIONAL
ADDICTION
CONFERENCE - DUBAI 2018

INTERACTIVE WORKSHOP SESSION

Eye Movement Desensitization and Reprocessing

Dr. Khaled Sultan
Consultant Psychiatrist in Intellectual Disability UK

13:15 - 14:45, Saturday 3rd March 2018
Ballroom, Jumeirah Emirates Towers



For more details please visit our website www.eia-conference.com or contact event manager, Gerard Moore on Gerard@focus-gulf.com or +971 (5)0 956 4276

Erada Center for Treatment and Rehabilitation was established based on the vision of His Highness Sheikh Mohammed bin Rashid Al Maktoum and the initiative of His Highness Sheikh Hamdan bin Mohammed Al Maktoum. It aims to treat the disease of substance use disorders and alcohol addiction which result in negative psychological, economical, social and physical impacts. Erada is an independent center committed to offer treatment and rehabilitation services, increase awareness about this disease and contribute to scientific research in the field of addiction.



We are an independent center that continues to develop a complete and well rounded healthcare system for the disease of addiction. This includes scientific research, improving patient's quality of life and family dynamic, and reintegrating the patient into society. We apply high international standards and national strategies. We participate in helping the national economy through the treatment and rehabilitation of patients with addiction.

" We aim to ease the pain of individuals and families by restoring health, hope, spirituality and relationships".

Caron Renaissance in Boca Raton, Florida has been an innovator in addiction treatment and behavioral healthcare, and one of the leading rehabs in Florida, for 30 years. A pioneer of a longer-term treatment model which offers treatment in one location and lodging in another location, Caron Renaissance's clinical philosophy and Road Map to Recovery includes cutting-edge treatment interventions that address emotional, behavioral and psychological components of addiction and accompanying personality disorders. The expert staff specializes in treating young adults and adults with dual diagnosis, while encouraging families to participate in all aspects of rehab. Caron Renaissance in Florida also provides specialized programming for process addictions related to trauma, eating disorders, gambling addiction, anger resolution, grief and loss and much more. The longer-term rehab model encompasses a full continuum of care with structured, supervised, gender-separate housing.



CONFERENCE PROGRAMME

DAY 1 – FRIDAY 2ND MARCH 2018

Chaired by Dr. Mohammed Fayek

Time	Activity – Main Hall	Speaker
08:00 - 10:00	Registration	
10:00 - 10:35	Opening Ceremony	Quran / National Anthem / Erada and Caron Welcome Video
10:35 - 10:50	Exhibition Tour	
10:50 - 11:20	Lecture 1: Addiction as a brain disease Strategic Challenges	Prof. Ahmed Okasha, WHO Collaborating Center, Egypt
11:20 - 11:50	Lecture 2: TBA	H. E Dr. Hamad Al Ghaferi. NRC, UAE
11:50 - 14:00	Lunch and Prayer	
14:00 - 14:30	Lecture 3: The Social Neuroscience of Addiction and Recovery	Dr. John Kelly, Harvard University, USA
14:30 - 15:00	Lecture 4: An Overview of Behavioral Addictions	Prof. Tarek Okasha, WHO Collaborating Center, Egypt
15:00 - 15:30	Lecture 5: Neurocircuitry of Addiction	Dr. Anthony Campo, Caron Treatment Centers, USA
15:30 - 16:00	Lecture 6: Reconsidering Addiction Treatment: Bridging the Gap between Research & Practice	Prof. Amany Haroun, Ain Shams University, Egypt
16:00 - 17:00	Networking and Refreshments	

CONFERENCE PROGRAMME

DAY 2 – SATURDAY 3RD MARCH 2018

Chaired by Dr. Hamdy Mosehly & Dr. Maged Agour

Time	Activity – Main Hall	Speaker
09:00 - 09:30	Lecture 7: Treating Addiction as a Chronic Disease	Dr. John Kelly, Harvard University, US
09:30 - 10:00	Lecture 8: Patterns of substance use One year experience at Erada Center	Dr. Tarik Qassem, Erada, UAE
10:00 - 10:30	Lecture 9: Cultural Aspects of Addiction	Prof. Hamdy Mosehly, Erada, UAE
10:30 - 10:45	Break	
10:45 - 11:15	Lecture 10: Societal and Family Engagement in Addiction	Cheryl Knepper, Caron Institute, USA
11:15 - 11:45	Lecture 11: Addiction, Co-Occurring Disorders and the Brain	Dr. Anthony Campo, Caron Treatment Centers, USA
11:45 - 12:15	Lecture 12: Foreign Aspects of Addiction	Dr. Majed Agour, Erada, UAE
12:15 - 13:15	Lunch Break + MOU Signing with MBRU	
13:15 - 13:45	Lecture 13: Addictions and the Family (SPONSORED)	Dr. Prem Kumar, Solace Sabah, Malaysia
13:45 - 14:15	Lecture 14: Addiction in Women	Cheryl Knepper, Caron Institute, USA
14:15 - 14:45	Lecture 15: 12-Step Islamic Therapy Programme (SPONSORED)	Dr. Siddick Maudarboucus, Les Mariannes, Mauritius
14:45 - 15:15	Lecture 16: Moral Education as a Prevention Too	Dr. Layla Alhyas, ADEK, UAE
15:15	Closing Comments	Prof. Hamdy Mosehly, Erada, UAE

WORKSHOPS

WORKSHOPS - SATURDAY 3RD MARCH 2018

Time	Workshop	Speaker
10:00 - 12:15	Neurofeedback as an adjunct therapy in addiction treatment	Dr. Jonathon Harris, Caron Institute, USA
12:15 - 13:15	Lunch Break	
13:15 - 15:15	Eye Movement Desensitization and Reprocessing	Dr. Khaled Sultan Consultant Psychiatrist in Intellectual Disability, UK

ABOUT THE COMMITTEE



Prof. Hamdy Moselhy
Chairman of Committee
Medical Director

Dr. Hamdy Fouad Moselhy is the Medical Director at Erada Center for Treatment & Rehab. Previously, he was the Professor and Chairman at Department of Psychiatry, Faculty of Medicine and Health Sciences in UAE University for about 11 years. He has wide experiences in UAE, Egypt and UK for several years. Initially he trained in psychiatry at Benha University Hospital, Egypt and acquired a master degree in psychiatry and neurology (MSC) and then an MD (medical doctorate) in psychiatry. In the UK he acquired postgraduate Diploma from the Royal College of Physician (DCP) in Duplin then the membership of the Royal College of Psychiatrists, UK (MRCPsych) in 1997 and finally FRCPsych in 2011.

Professor Hamdy Fouad Moselhy has extensive experiences as an expert witness in the British criminal justice system and writing medical reports for psychiatric patients particularly with addiction problems. Contributed to a large number of scientific National and International meetings. He published nearly a hundred papers in peer reviewed journals. His research interest is on general adult psychiatry, addiction, rare psychiatric syndrome and biological aspects in psychiatric disorders.



Dr. Tarik Qassem
Head of Scientific Committee
Consultant Psychiatrist

Dr Qassem graduated in Ain Shams University in Egypt where he worked as a Lecturer in Psychiatry after earning his doctorate. He then pursued further training in the UK. After finishing training, he worked as a consultant psychiatrist. Dr Qassem was also the chairperson for the Research and Innovation in one of West Midlands National Health Service Trusts (serving a population of 1.1 million). Dr Qassem still holds the following positions: Honorary Fellow and Senior Lecturer at The University of Warwick as well as Aston University. He has published many articles in reputable scientific journals such as The British Journal of Psychiatry and the British Medical Journal. He has also authored several chapters in several books in different areas of psychiatry.



Dr. Younis Al Balooshi
Head of Organizing Committee
Director of Research Awareness, and Public Relations

For Dr. Younis, establishing strategy for researches in addiction field covering its all aspects; prevention, treatment and outcomes, is part his responsibilities at Erada Center. He is also responsible for the development department at Erada including mapping the strategic plan with its various levels of implementation. Awareness is an important field for him and through collaboration with various local and international partners; Erada is providing awareness through different channels and programs to various stratum of the community.

Dr. Younis served as a forensic medicine consultant gathered his 6 years' experience in the field from Germany. Dealing with addiction patients was part of his daily duty from the legal and forensic aspect. He has many publications and presentations at the international and local conferences. He is assuring that Erada Conference will have an optimistic impact in the field of addiction.

COMMITTEE MEMBERS



Faisal AL Badwawi
Marketing Specialist at Erada Center for Treatment & Rehab

Mrs. Reem Almheiri is a Public Relations Specialist at Erada Center for Treatment and Rehab. In this position, she is responsible of the Social Media platforms, develop and maintain centers corporate image and identity. She is also involved in identifying client groups and audiences and determining ways to reach them. Respond to requests for information from the media or designated an appropriate spokesperson or information source. She received her Bachelor's Degree with an Honor from Higher Colleges of technology in Applied Communications.



Sami Juma
Head of Public Relations at Erada Center for Treatment & Rehab

Mr. Sami is the Head of Public Relations Specialist at Erada Center for Treatment and Rehab. In this position, he is responsible for communicating with external entities, developing relationships with organizations such as charitable organizations, and maintain centers corporate image and identity through dealing with media entities. He is also involved in identifying client groups and audiences and determining ways to reach them. He received his Bachelor's Degree in Public Relations.



Ameena Ajlan
Head of Marketing and Customer care at Erada center

Mrs Ameena responsible for Erada marketing and awareness strategic planning, to reach the UAE community about the role of Erada's message that the addiction is a disease. She is responsible also of the patients relations, to make sure they are satisfied starting from registering till discharge and to follow up with their needs. Also she is responsible of the happiness office, which work to make the staff and the patients feels happy by planning happiness events all over the year.



Lamiya Al Khayat
Business Development Specialist at Erada Center for Treatment & Rehab

Ms. Lamiya Alkhayat is a Business Development Specialist at Erada Center for Treatment and Rehab. In this position, she is responsible for developing the strategy, implementation plans and evaluating key performance indicators. She is also involved in the development of new projects for the center and the organization of conference and international educational events. Previously, she was a Microeconomics teacher assistant at Zayed University in Dubai. She received her Bachelor's Degree in Finance from Zayed University and Masters Degree of Business Administration from Dubai University.



Reem Almheiri
Public Relations Specialist at Erada Center for Treatment & Rehab

Mrs. Reem Almheiri is a Public Relations Specialist at Erada Center for Treatment and Rehab. In this position, she is responsible of the Social Media platforms, develop and maintain centers corporate image and identity. She is also involved in identifying client groups and audiences and determining ways to reach them. Respond to requests for information from the media or designated an appropriate spokesperson or information source. She received her Bachelor's Degree with an Honor from Higher Colleges of technology in Applied Communications.

MEET THE SPEAKER'S



H.E. Dr Hamad Al Ghaferi
National Rehabilitation Center, UAE

H.E. Dr Hamad Al Ghaferi is the Director General and the Head of the WHO Collaborative Centre for substance use prevention and treatment of substance use disorders (National Rehabilitation Centre Abu Dhabi). He received his medical degree from the Faculty of Medicine, Jordan University of Science and Technology in 1999 and his Masters in Public Health from Tulane School of Public Health and Tropical Medicine, Tulane University, USA in 2002. He obtained his PhD from the Faculty of Medicine, University of Aberdeen, United Kingdom in 2013.

Dr Hamad Al Ghaferi serves in many national and international bodies. He is the Head of Higher Committee for Treatment, Rehabilitation and Social Re-integration and a Board Member of Anti Dugs Council in the UAE. He is also a member of the Advisory Board of the College of Medicine and Health Sciences of the United Arab Emirates University.

Internationally he is the Chair of the Commissioners of the International Centre for Credentialing and Education of Addiction Professionals (ICCE) of the Colombo Plan. He is also the Vice President of the Arab Federation for Drug Prevention since 2005. He was a member of the Management Board that established the new journal the International Journal of Prevention and Treatment of Drug Use Disorders (IJPTSUD). Under his leadership this will be re-launched as the International Addiction Review (IAR) in 2017. He is a Mental Health Advisor to the Eastern Mediterranean Regional Office (EMRO) of the WHO and Chair of the Technical Advisory Group (TAG) of UNODC and WHO. He is a Board member of the International Society for Addiction Medicine and was the chair of the local organizing committee of ISAM 2017 conference and a Board Member of the International Consortium of Universities for Drug Demand Reduction (ICUDDR). He is also Emeritus Professor at the Faculty of Medicine, Jordan University of Science and Technology, Jordan.

His research interests include public health aspects and prevention of addiction, particularly in Arab countries. He has published widely in these areas. He has a particular interest in promoting research in the developing world and dissemination of research information.

In recognition of his contribution to his field and the country, Dr. Hamad Al Ghaferi was awarded the Sheik Rashed Award for Science and Culture in 2003 and 2014. In 2017, he was awarded the honor of Lifetime Membership of the American Society for Addiction Medicine.



Dr. Anthony Campo
Caron Institute, USA

Dr. Anthony Campo is the Medical Director at Caron Renaissance and Ocean Drive. In this position he is responsible for oversight of the medical department which consists of psychiatrists, an addiction medicine physician, nurse practitioner, neuropsychologist and the Florida Neurofeedback Therapy team.

He was previously Medical Director of the Psychiatric Emergency Services Center at Jersey City Medical Center and Psychiatric Emergency Access Center at Brookhaven Memorial Hospital Medical Center. He filled the role of Associate Medical Director at Gracie Square Hospital in New York City. He was an associate professor of clinical psychiatry at State University of New York at Stony Brook.

He is a Fellow of the American Psychiatric Association and a Diplomate of the American Board of Addiction Medicine. He is board certified by both the American Board of Psychiatry & Neurology and the American Board of Addiction Medicine. He is a member of the Florida Psychiatric Society, Palm Beach Psychiatric Society, and American Academy of Addiction Psychiatry. He attended Boston College, Columbia University and medical school at St. Georges University in Grenada.

He completed his internship and residency in adult psychiatry at Maimonides Medical Center in Brooklyn, New York and attended a fellowship in Chemical Dependency at Fair Oaks Hospital in Delray Beach, Florida. He has lectured in New York and Florida on addiction and co-occurring disorders and has appeared on Fox's Good Morning America.



Prof. Ahmed Okasha
WHO Collaborating Center for Research and Training in Mental Health, Egypt

Ahmed Okasha is a Professor and Director of the World Health Organization Collaborating Center for Training and Research in Mental Health.

He is the founder and honorary Chairman of the Okasha Institute of Psychiatry at Ain Shams University, Cairo. He was also the Chairperson of the Neuropsychiatric Department at Ain Shams University from 1988 to 1994.

Okasha is President of the Egyptian Psychiatric Association, Honorary President of the Arab Federation of Psychiatrists, was President of the World Psychiatric Association (2002 – 2005), President of the Egyptian Society of Biological Psychiatry, President of the WFSBP, Chairman of WPA Review Committee (2008 – 2011), Chairman of WPA Ethics' Committee (1993 – 2002).

He has been on the editorial advisory board of twenty international scientific journals. He was awarded the golden Medal of ICAPAP (2004), Honorary Fellowship of The American College of Psychiatrists (2002), Fellow of Royal College of Physicians (Edinburgh, 1973), Fellow of Royal College of Psychiatrists (London, 1973), Honorary Fellow of WPA (2005), and Presidential Commendation of APA (2006).

He has published more than 260 original articles in national and international journals, was an editor and contributor of 47 books. Okasha received the State Merit Prize in Creativity in Medicine (2000), State Merit Award in Medical Sciences (2007), and El Nil Merit Award in Medical Sciences (2010)



Cheryl Knepper
Caron Institute, USA

Areas of Expertise: Clinical work with co-occurring disorders and multiple addictions, adolescents, young adults and families Ms. Knepper is the Vice President of Clinical Services for Caron Treatment Services located in Wernersville, Pennsylvania. The programs in which Ms. Knepper has clinical and administrative oversight of are Adolescent Services, Young Adult Services, Women's Services, Quality, Outpatient Counseling – PA and Atlanta and Research. She has worked extensively in the field of co-occurring disorders with adults, adolescents and families over the past twenty-seven years.

Ms. Knepper received her BS from Kutztown University and a MA from Marywood University. She is a licensed professional counselor (LPC), a Board-Certified Art Therapist (ATR-BC), an Internationally Certified Co-Occurring Disorders Professional Diplomate (ICCDPD), a Certified Sex Addiction Therapist/Supervisor (CSATS) and a Certified Multiple Addictions Therapist (CMAT).

Specialty topics presented by Ms. Knepper include Women and Addiction, Understanding Addiction Interaction – Sexual Addiction and The Chemically Dependent Population, Adolescent Self-Harm, Understanding Dual Diagnosis and Treatment Approaches, Relapse and Recovery, Benefits of Art Therapy as a Treatment Option for Substance Abuse, Importance of a Continuum of Care – promoting sustained and achievable Recovery, Essential Components of Treatment: Working with the Family System and Awakening the Creative Spirit – The Use of Art as Healing. Ms. Knepper has presented nationally on Dialectical Behavior Therapy (DBT) with adults, adolescents and families.

Ms. Knepper has had academic appointments as adjunct professor at Marywood University and Kutztown University. She has mentored clinical internships affiliated with Penn State University, Drexel/Hahneman University, Alvernia University, Villanova University and George Washington University. For twenty years, Ms. Knepper was the Clinical Director of Adolescent Services for the Division of Child and Adolescent Psychiatry at The Reading Hospital and Medical Center in Reading, PA. While at the hospital, she developed, designed and integrated, innovative programming for adolescents and their families with co-occurring disorders.

Ms. Knepper has also been a guest expert on the Dr. Oz and Anderson Cooper Show and co-author of several peer review journal articles about addiction.



Dr. Maged Agour
Erada Center for Treatment and Rehabilitation, UAE

Dr Maged Agour, a member of the Royal College of Psychiatrists, is a consultant psychiatrist who has practised psychiatry in the UK for more than 18 years. He started his career in Birmingham, where he trained in general psychiatry.

Dr Agour then moved to Cambridge and other parts of the UK to pursue higher specialist training in psychiatry. Dr Agour's special interests include addiction, forensics and neurodevelopmental disorders.



Dr. Jonathan Harris
Caron Institute, USA

Dr. Jonathan Harris is the Corporate Director of Neurocognitive Services at Caron Pennsylvania. In his role, he oversees the neurofeedback programs in Pennsylvania and Florida, implementing strategies to enhance patient treatment efficacy through the use of neurofeedback technology. He completed his PhD in Neuroscience at the Pennsylvania State University, College of Medicine. As part of his PhD program, Dr. Harris

was a TL1 Scholar for the Clinical and Translational Science Institute (CTSI) at Penn State, a consortium supported by the National Institutes of Health (NIH) and developed to bridge the persisting gap between the basic sciences and clinical practice. Dr. Harris previously worked in collaboration with Caron to investigate functional brain imaging predictors of relapse in patients with alcohol use disorders.

In addition to his degree in Neuroscience, Dr. Harris has a Bachelor of Science in Psychology. He has instructed Cognitive Psychology for the Johns Hopkins Center for Talented Youth (CTY) and assisted in neuroanatomy laboratory dissections for medical students at the Penn State College of Medicine. Dr. Harris is a contributing author on scientific articles published in the Journal of Addiction Medicine and Brain Research Bulletin, and has presented his research at several scientific conferences, including the Society for Neuroscience (SfN) and the Research Society on Alcoholism (RSA).



Dr. Khaled Sultan
Rotherham Doncaster and South Humber NHS Trust, UK

Member of the Royal College of Psychiatrists UK. The Certificate of Completion of Specialist Training (CCST) In Intellectual Disability, UK. Member of EMDR association in the United Kingdom and Ireland, EMDR (Eye Movement Desensitization and Reprocessing).

Establishing Member of Syrian Association for Mental Health (SAMH). An experienced Consultant Psychiatrist who has worked in this field in excess of 28 years. His specialisms include Intellectual Disability and Personality Disorders. He is recognised as someone who achieves outstanding results with severe, complex and challenging patients. I have been teaching doctors/nurses/health care workers/Psychologists and assistant psychologists in the field of EMDR/Trauma related conditions /Learning Disability /ASD (Autistic Spectrum Disorders) in UK and abroad. Seen as someone with a high intellectual ability and strong academic ethos, always seeking to grow his knowledge, higher study, research and practice. People describe him as a friendly and likeable character, with good judgment and strong leadership skills.

Key Specialism

1. Intellectual Disability Psychiatry including ASD (Autistic Spectrum Disorders)
2. Personality Disorders.
3. Woman with LD/PD service.
4. Cognitive Behaviour Psychotherapy (CBT)
- 5- Forensics LD Psychiatry including PD/ASD/Sex Offenders service.
- 6- EMDR (Eye Movement Desensitisation and Reprocessing)
- 7- Mental Health Law Including Mental Capacity Act 2005(Dols Assessor)

Humanitarian Missions

I have had so far twenty seven missions from 02/2012. My Humanitarian Missions were to Libya, Lebanon, Jordan and Turkey to provide teaching and training for many medical and mental Health professionals as well as assessing and treating over 800 individuals (over 400 have PTSD).



Prof. John F. Kelly
Harvard University, USA

Dr. Kelly is the Elizabeth R. Spallin Associate Professor of Psychiatry in Addiction Medicine at Harvard Medical School-the first ever endowed professor in addiction medicine at Harvard.

He is the Founder and Director of the Recovery Research Institute at the Massachusetts General Hospital (MGH), and Associate Director of the Center for Addiction Medicine. Dr. Kelly is a former President, and current Fellow, of the American Psychological Association Society of Addiction Psychology. Dr. Kelly sits on numerous Scientific Advisory Boards and serves as consultant to U.S. federal agencies and foreign governments.

With clinical and research expertise in addiction treatment and recovery, Dr. Kelly's work has highlighted the mechanisms of behavior change and the effects of stigma and discrimination on individuals suffering from substance use disorder.



Prof. Tareq Okasha
WHO Collaborating Center for Research and Training in Mental Health, Egypt

Professor of Psychiatry, Institute of Psychiatry, Faculty of Medicine Ain Shams University, visiting Professor of Psychiatry, Faculty of Medicine, Misr University for Science and Technology, 6th of October City and visiting Professor of Psychiatry to Psychology Department Faculty of Arts, Cairo University and Ain Shams University.

Executive member of the National Council for Mental Health in Egypt (MOH), director and Technical Advisor to MOH National Council Psychiatric Hospitals, and board member and examiner in the Egyptian Board for Psychiatry (MOH). World Psychiatric Association (WPA) executive committee member and secretary for scientific meetings and Chairperson of the WPA Operational Committee on Scientific Meetings, Executive Committee, Director of the secretariat for the WPA Presidential Global Child Mental Health Program, member of the Egyptian Psychiatric Association, the Egyptian Society of Biological Psychiatry, founding Member & Executive Committee Member of the Egyptian Society of Child and Adolescent Psychiatry and founding Member & Treasurer of the Egyptian Alzheimer Society.

Member and honorary member of many international associations and organizations, Associate Editor of the Egyptian Journal of Psychiatry and Assistant to the editor and chief of Current Psychiatry Journal, Member of the Editorial Board of the International Journal of Child Neuropsychiatry, Member of the editorial board of the British Journal of Psychiatry (Middle East Edition) and Member of the Editorial board of Archives of General Psychiatry (Middle East Edition). Published more than 40 papers in national and international journals contributed in 12 national and international books and supervised more than 30 masters and doctorate degree thesis.



Prof. Amany Haroun El Rasheed
Ain Shams University, Egypt

Prof. Amany Haroun El Rasheed, is a Professor in Psychiatry, Faculty of Medicine, Ain Shams University since 2007. She was a NIDA (National Institute of Drug Abuse) Hubert H. Humphrey Drug Abuse Research Fellow in Johns Hopkins University, year 1998-1999.

She shared in many researches on addiction as well as other psychiatric disorders, which are published both nationally and internationally. She also published a book with the title: "Basic Principles of Substance Use Disorders"

She was the first to run an addiction clinic in a University Hospital in Egypt. Moreover, she has been sharing in its development and running of drug and alcohol abuse treatment services in the Institute of Psychiatry, Ain Shams University, Cairo, Egypt. She has been sharing in improving the education in the field of substance use disorders all over Egypt in the form of the continuous medical education workshops and training courses from 2000 till now.



Dr. Prem Kumar Shanmugam
Solace Sabah, Malaysia

Dr. Prem Kumar Shanmugam co-founded Solace with the vision of helping people with addictions recover and learn to live for life. His hand picked team of passionate clinicians not only bring with them the professional expertise in the science of addiction treatment but also real life experiences as well. He has worked in the field of addictions and psychology for over 10 years. Prem is

the Past President of the Association of Psychotherapists and Counsellors (Singapore) and the Regional Director of the Asia Pacific Certification Board (Singapore) while being one of the founding members as well.

He is a psychologist, psychotherapist, trainer, facilitator and is actively involved in research in the addiction field. He has published widely on topics such as evaluating treatment programmes, social anxiety and addiction treatment, family and addictions, codependency and families, treatment and outcomes on depression, anxiety and stress. He works with people with addiction issues from all walks of life in an intuitive multicultural settings. His area of interest is in culture specific treatment approaches for families with addictions. Prem specializes in developing and evaluating substance abuse treatment programmes. He is actively involved in customizing treatment approaches for family members who have loved ones with addictions.

Focusing on concepts like trauma bonding and the Stockholm Syndrome, he explains the logic and the science behind codependency and how family members play a role in maintaining the addiction. Prem is a certified practitioner in Management of Family Violence Counseling, Certified Clinical Supervisor, Certified Substance Abuse Therapist (Level 4) and a Certified Psychotherapist and Counsellor (Level 4). He also reviews and writes articles and frequently presents at international conferences. He has authored two handbooks for Masters Students on a counselling course with a UK based University, the Treatment Manual for clients seeking treatment in Solace and handbook for Family members to understand addictions better.



Dr. Hussain Maseeh
Community Development Authority, UAE

Educational Qualification:

- Bachelor in Psychology & Sociology from University of Alabama, USA, 1991
- MA in Psychology (Clinical Track) from Radford University in Radford, Virginia, USA, 1997
- Doctoral degree in Clinical Psychology from Forest Institute of Professional Psychology in Springfield, Missouri, USA, 2002

Work Experience (Positions):

- Head clinical psychologist Rashid Hospital Dubai 1991-2002
- Head of Psychology and Social Services Unit (Rashid Hospital) 2002-2006
- Internship at Florida Institute for Neurological Rehabilitation 2001-2002
- Head of Early Intervention (Takamul) 2006-2007
- Director of Dubai Early Childhood Development Center 2007-2009
- Acting Director of Vulnerable groups Department 2010-2013
- Social Development and Care Expert (Community Development Authority) 2009-now



Dr. Layla Alhyas
ADEK, UAE

Dr. Layla Alhyas holds a PhD in Public Health from Imperial College London. Prior to her doctorate, she graduated from the University of London with second class honors in Clinical Pharmacy and Health Policy. During her study she published several research papers in high impact factors journals the field of prevention.

Dr. Alhyas worked in several sectors, including federal and local, and recently she joined the department of education and knowledge as a program manager, in addition to her current work she is leading the task force for substance use prevention which is part of the federal anti-narcotic committee.



Prof. Hamdy Mosehly
Erada Center for Treatment and Rehabilitation, UAE

Dr. Hamdy Fouad Mosehly is the Medical Director at Erada Center for Treatment & Rehab. Previously, he was the Professor and Chairman at Department of Psychiatry, Faculty of Medicine and Health Sciences in UAE University for about 11 years.

He has wide experiences in UAE, Egypt and UK for several years. Initially he trained in psychiatry at Benha University Hospital, Egypt and acquired a master degree in psychiatry and neurology (MSC) and then an MD (medical doctorate) in psychiatry. In the UK he acquired postgraduate Diploma from the Royal College of Physician (DCP) in Duplin then the membership of the Royal College of Psychiatrists, UK (MRCPsych) in 1997 and finally FRCPsych in 2011.

Professor Hamdy Fouad Mosehly has extensive experiences as an expert witness in the British criminal justice system and writing medical reports for psychiatric patients particularly with addiction problems. Contributed to a large number of scientific National and International meetings. He published nearly a hundred papers in peer reviewed journals. His research interest is on general adult psychiatry, addiction, rare psychiatric syndrome and biological aspects in psychiatric disorders.



Dr. Siddick Maudarbocus
Sanctuary Mauritius Clinic

Dr Siddick maudarbocus, founder and owner of Sanctuary Mauritius Clinic- a 25 room 5 star Rehab facility in Mauritius. Dr SM qualified as a medical doctor in Dublin and worked in various psychiatry/addiction posts in the UK. He is also specialised in acupuncture and Integrative medicine-and uses nutrition, acupuncture, herbal medicine and naturopathy/yoga to heal his patients.

He has currently developed many effective treatment programs for addictions and stress linked disorders based on western and eastern therapies. At Les Mariannes, he supervises all treatments based on these methods which use acupuncture, TCM, ayurvedha, Yoga, meditation, and naturopathy.

Widely travelled, bilingual (English and French)-his rehab program caters specifically for clients who wish to have more 1: 1 attention and his programs are developed for clients with islamic faith. He has modified the 12 step program to incorporate a philosophy based on islamic concepts and beliefs. This program has proved highly successful.



Mr. Abdulla Mohammad Al Ansari
Erada Center for Treatment and Rehabilitation, UAE

Mr. Abdullah Al-Ansari is responsible for creating and developing the religious programs at Erada Center for the treatment and Rehabilitation, and he is the responsible of the development of the 99 Program, which is one of the innovations of the Department of preaching and guidance in the center.

Mr. Abdullah Al-Ansari also coordinates with the concerned authorities in preach and guidance field to work out religious awareness programs and plans related to addiction. Mr. Abdullah Al-Ansari has been a Researcher in the religious field at the Ministry of Defense for 9 years, and a member of the Editorial Board of the Ministry's magazine.

He is an Associate Professor and Associate Preacher of the Department of Islamic Affairs and Charitable Activities, and an International Judge of the Dubai International Holy Quran Award.

Mr. Abdullah Al-Ansari holds The degree of Master of Art (m.a.) in Contemporary Islamic Studies from Zayed University in the United Arab Emirates.

GOLD SPONSOR



The Community Development Authority (CDA) was founded by a decree of H.H. Sheikh Mohammed bin Rashid Al Maktoum, Vice-President and Prime Minister of the UAE and Ruler of Dubai in July 2008. CDA is responsible for setting up and developing a framework for social development, and aims to achieve the goals outlined in the Dubai Strategic Plans.

CDA is in charge for the overall supervision to achieve social sector outputs, and provide the provisions of social services in order to create an integrated and efficient management system for the development of social services in the emirate. This includes the

preparation, execution, and supervision of comprehensive strategic plans, and proposing legislation related to social services to improve the outputs of the social development sector.

The core strategic objectives of CDA's are aimed at involving the stakeholders and enhancing the relationships with them, this includes UAE nationals and residents, government authorities, business partners and volunteers. The objectives also include fund diversifying, enhancing productivity and efficiency, excellence in operations and aligning the organisational structure to the main projects and programmes.



Solace Sabah is a private and quality centric center established in 2014 by founder and clinical director Dr. Prem Kumar Shanmugam, to aid those in need of recovery.

The facility is the newest addiction treatment center in Asia and the only one in Malaysia providing a Western style personalized dual-diagnosis program, for people who are suffering from mental health problems and substance abuse disorders.

Solace implements the latest and most cutting edge, evidence and outcome-based services available for addiction treatment using practices and clinical methods supervised and approved by the experienced and exclusive Clinical Advisory Board.

Its mission is to provide the highest quality care in the addiction and co-occurring treatments in the most appropriate safest setting and, in a caring and loving way to its patients and their significant others.



DARA Thailand is Asia's premier international destination for addiction treatment. Our resort facility is located on the tropical island of Koh Chang in the Gulf of Thailand. We are the only rehab in Thailand that

offers a purely Integrated CBT treatment approach. DARA is one of the world's most affordable and cost-effective luxury rehabilitation facilities.



Anatta Humaniversity Pvt Ltd is an international and luxury rehab providing a residential Alternate Life Therapy program (ALT) for the treatment of those afflicted (Dependents) and affected (Co-dependents) due to dependency on alcohol and drugs thus helping them to go beyond substance use towards life. The program is non regimented, client specific, tailor made for each individual and we accept only one to three clients at a time. Admission is only voluntary. Confidentiality and anonymity are maintained at the highest level.

The ambience provided is luxurious, compassionate, accepting and non judgmental. The client lives with a counselor, physician and support staff 24x7. The treatment program is wholistic, primarily non medical (psychiatric medicines being given only for detoxification, and other medicines for preexisting or current ailments) Homeopathic medications are given for better healing.

This exclusive program incorporates meditation, counseling, sharing, self-disclosure, introspective

writing, hypnotic regression and other alternate therapies in the treatment process. A person addicted to a substance finds it difficult to process and deal with emotions (fear, resentment, etc.). Hence the tools and techniques are provided to resolve past emotional issues and deal with future ones. The clients experience going out for meals, movies, shopping, treks and sports activities according to their interests, fitness levels and experience fun thereby breaking old associations with using.

The focus behind the outdoor activities is 'If you cannot have fun during treatment how can you have fun back home in recovery?' Another unique and prime feature of Anatta Humaniversity is the Codependency program, for the spouses, children (families of dependents) and friends. A lot of emphasis and time is given to this part of the program. It is non residential and/or residential, depending on case to case basis. Thus Team Anatta acts as a catalyst to reach a stage within of not finding the need to use.



Alpha Healing Center is a one-of-its-kind rehabilitation center aka also known as de-addiction center located near Vadodara, Gujarat. Alpha Healing Center (AHC) specializes in providing exceptional residential care for those suffering with and recovering from addictions. AHC is a world-class de-addiction center offering unique recovery experience in a holistic healing for substance abusers. Unlike many drug and alcohol rehabilitation centers, our unique focus is on holistic recovery and healing, combined with evidence-based approaches.

Holistic healing is different. It addresses all of you, because you're more than your addiction. It offers healing of your mind, body and spirit. At Alpha Healing Center, our practitioners are trained to help you integrate varying approaches into a healthier you. Holistic healing encourages learning and utilizing stress release mechanisms, developing and pursuing creative outlets, healthy diet and exercise, and spiritual growth. Call us on 1800-300-27141 to learn more about our unique healing approach.



Les Mariannes wellness sanctuary is a 5 star medically based treatment centre specialising in addictions, dual diagnosis, eating disorders, weight management, stress and burnout.

Our facilities:

- Only 25 private luxury en-suite rooms in a beautiful resort like setting
- 27 - 7 Doctor/Psychiatrist Coverage
- UK Trained multi speciality treatment team
- Sauna, Hammam, Jacuzzi, infinity pool, yoga decking
- Fully equipped gym, 9 massage rooms offering over 40 varieties of massage and psychiatrist, if needed

- Detox facilities on site
- 24 hour nursing staff on site
- Full time personal fitness trainer, yoga & massage therapists counselors psychologist
- Programs in English, French, Arabic and Russian
- Halal food served by our Chef
- Wifi zones
- Airport transfers
- Weekend half day outings: Swim with the Dolphins, Catamaran Trip or Trekking



The Cabin Group is a leading behavioural health and addiction treatment provider with two highly-successful inpatient treatment centres in northern Thailand - The Cabin Chiang Mai & The Cabin Arabic Centre, an exclusive treatment programme conducted in Arabic that is culturally sensitive and upholds Middle Eastern values.

specialists using a self-pioneered treatment model called Recovery Zones. This model has been independently verified to be more effective than conventional addiction treatment methods and yields a 96% programme completion rate.

The Cabin specialises in providing world-class treatment for both substance addictions, and process addictions such as gambling, sex, internet, food and others. Treatment at all our centres is administered by a team of highly experienced, licensed addiction

In addition, The Cabin Group is heavily involved in addiction research, attending and presenting at key conferences world-wide. We also support several non-profit organisations and governments in the Southeast Asian region in their efforts to combat addiction - through training and guidance.



Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt

ORGANIZED BY



IN ASSOCIATION WITH



ENDORSED BY



GOLD SPONSORS

هيئة تنمية المجتمع
Community Development Authority



CONFERENCE SPONSORS



DARA Thailand



دائرة الشؤون الإسلامية والعمل الخيري
Islamic Affairs & Charitable Activities Department



CONFERENCE SUPPORTERS



جامعة زايد
ZAYED UNIVERSITY



جامعة محمد بن راشد
للطب والعلوم الصحية
MOHAMMED BIN RASHD UNIVERSITY
OF MEDICINE AND HEALTH SCIENCES



جسدك أمأنتك



MEPA
MIDDLE EAST
PSYCHOLOGICAL ASSOCIATION

1ST ERADA INTERNATIONAL

ADDICTION

CONFERENCE - DUBAI 2018

Conference website www.eia-conference.com